WHAT IS THE POTENTIAL OF COMBINATION VACCINES?

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The rise of anti-vaccination campaigns has in recent years had a detrimental effect on EU public health as “forgotten” diseases such as measles re-appeared in Europe, raising eyebrows among policymakers.

Multicomponent or combination vaccines cover 4 or 5 diseases at once and can reduce the number of necessary injections.

What are their benefits? Can they improve vaccination coverage and the protection of the population?
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Multicomponent or combined vaccines are an indispensable tool to address the current public health challenges and Europe should, therefore, help unlock their potential, said Swedish MEP Christofer Fjellner.

“These new vaccines allow better compliance and adherence to immunisation programmes. I think multicomponent vaccines have a far bigger potential than what has been unlocked so far,” the centre-right politician said.

Multicomponent vaccines reduce the number of injections as they cover four or five diseases at once and are recommended for routine use in 26 EU countries.

Speaking at an event in the European Parliament, Fjellner, an MEP of the European People’s Party (EPP), explained that considering its leadership in the field, Europe has a responsibility to push for the vaccination agenda and the benefits it can bring for people of all ages.

“We all know that Europe is a global leader when it comes to vaccination. Almost 80% of the world’s vaccines are produced by companies based in the EU and two-thirds of vaccines’ research is actually done by these companies,” he noted.

He underlined that policymakers should be louder when it comes to vaccination policies and strategies and called the investment in vaccines’ innovation a “win-win” situation for all.

“Europe has to remain the leader,” he said.

**BENEFITS AND CHALLENGES**

Mel Kohn, medical director at MSD pharmaceutical company, said that the combined vaccines bring benefit to all parts of the society.

Kohn pointed out that by allowing...
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for the introduction of new antigens into the vaccines schedule without increasing the number of injections “greatly improves” vaccination coverage and therefore the protection of the population.

“We know that when there are fewer visits, when parents do not bring their children for recommended vaccines or when adults don’t go and get recommended vaccines, most of the time is because they are busy and distracted.”

In addition, he said that by preventing a disease you don’t have to pay for medicines and you avoid having to control possible outbreaks.

Furthermore, the procurement and storage of vaccines get easier as there are fewer boxes that need to be tracked and taken care of, he added.

As far as the challenges are concerned during the development stage, he emphasised the immune interference phenomenon.

Kohn noted that the R&D process before any vaccine is put on the market is very intensive, and even more so when it comes to multicomponent vaccines.

“Multi-component vaccines must meet the same rigorous EU regulatory standards for safety as single disease vaccines. Manufacturers must undertake many intensive trials to prove that these products meet these standards,” he added.

“When you combine the different components of the vaccine into one, it sometimes creates a situation where the response of each of these individual antigens is not as it would be if you gave them alone.”

He noted that the dose often needs to be slightly adjusted, but the extra doses of some antigens may increase the risk of adverse events.

The expert also added that if there is a potential allergic reaction or adverse event during the R&D process, it can be sometimes hard to pinpoint the responsible component. “This is a very big piece of the clinical development activity that the pharmaceutical industry currently undertakes,” Kohn emphasised.

VACCINES HESITANCY

The participants at the Parliament event also focused on the issue of vaccines hesitancy, which has had a severe effect on EU public health so far.

The rise of anti-vaccination campaigns has in recent years had a detrimental effect on EU public health so far.

The European Centre for Disease Prevention and Control (ECDC) published on Tuesday (22 May) fresh alarming data showing that measles cases continue to increase in a number of EU/EEA countries.

The highest number of cases to date in 2018 was reported in Romania (2,712), France (2,173), Greece (1,948) and Italy (805).

Last month (26 April), the European Commission issued a series of recommendations aiming to boost cooperation among member states in the vaccines field.

The objective is to combat vaccine-preventable diseases, which claim the lives of up to 3 million people every year.

“Evidence shows that we need to react immediately. All countries now understand that they don’t have any chance to act alone or isolate themselves because the cross-border movement of people is absolutely different compared to 20 years ago. The Schengen concept is a crystal clear example,” EU Health Commissioner Vytenis Andriukaitis told EURACTIV.

According to Kohn, political leadership and the “local messenger” can play a key role in tackling vaccines hesitancy.

“Political leaders should stand up and say this is important not just for you but for the whole community […] it’s important to hear it from someone you trust, a leader in a community or your personal doctor”.

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The use of combination vaccines can bring about better vaccine coverage and this will improve protection of the public against vaccine-preventable diseases, reduce treatment costs and help prevent outbreaks that would otherwise occur, Mel Kohn told EURACTIV.com.

Mel Kohn is the medical director at the MSD pharmaceutical company. He replied to EURACTIV’s questions in a written interview.

What are the main benefits of combination vaccines for struggling EU public healthcare budgets?

Combination vaccines are commonly used in Europe to tackle a host of infectious diseases. These include mumps and rubella vaccines and vaccines combining four, five or six vaccines (such as Diphtheria, Tetanus acellular pertussis (whooping....
of the most important reasons why it can take up to 3 years to manufacture a dose of these vaccines.

**How could combination vaccines help improve immunisation rates across the EU in view of increased vaccines hesitancy?**

In addition to protecting against several vaccine-preventable diseases, the use of combination vaccines reduces the number of injections required. Parents may, therefore, be more likely to accept having their children vaccinated since we know that for many parents the logistics of taking their child to get vaccinated can be difficult. By reducing the number of visits required, thereby improving convenience for the parents, combination vaccines can also help address this barrier to vaccination.

A good example from France illustrates how combination vaccines may help improve vaccine coverage. French health authorities first recommended hepatitis B vaccination of infants in 1995. Despite this longstanding recommendation, in 2007 France was among the lowest ranked European countries for hepatitis B vaccination coverage of infants.

In 2008 France began to reimburse a hexavalent vaccine containing Hepatitis B, and this change was associated with an increase in the percentage of French infants who completed the recommended three-dose regimen for Hepatitis B by two years of age from 33.8% in 2008 to 71.9% in 2011.

**The manufacturing of combination vaccines takes time but it’s also costly. Is this reflected in the final price of vaccines?**

Because of the complexity of developing and manufacturing combination vaccines, they tend to be more expensive than monovalent vaccines (vaccines against just one single disease). However, the combination vaccines generally are cheaper than the cost of all of the individual vaccines added together.

In addition, the cost of administration is based on the number of injections given, so there are cost savings by giving, for example, one injection of a pentavalent vaccine instead of five injections of individual vaccines. This is part of the reason that 26 out of 28 EU countries currently recommend combined vaccines for four or five diseases as part of their recommended routine vaccination schedule, demonstrating that these vaccines are viewed as cost-effective.

**On vaccines hesitancy, you recently emphasised the need for political leadership on the issue. Is leadership enough considering public mistrust toward politicians? What should the industry be doing to assist in communicating on the issue?**

In order for vaccines to be licensed regulators require that they meet high standards of safety and efficacy. Although adverse events will occasionally result after an immunization, the choice of not getting a vaccine carries risk with it as well; in general, the benefits of vaccines far outweigh the risks.

The industry has a critical role to play in developing and manufacturing efficacious and safe vaccines and communicating about the value these vaccines can bring. The industry also has a responsibility to investigate and address safety concerns as they may arise. But the industry will not have credibility if it communicates these messages alone. It is essential that all the different stakeholders involved in the implementation of the immunisation programmes (researchers, government officials, healthcare professionals etc.), as
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...well as the media, provide a strong, consistent and aligned position on the value of vaccination.

This will certainly help the public to have confidence in the value of vaccination and trust in the healthcare system.

**What is your opinion of the European Commission’s new vaccination proposals? Could the electronic vaccination cards help in the direction of a joint member states’ approach on the issue?**

It’s terrific that the European Commission is so engaged in improving vaccination coverage. Indeed, the recent Commission proposals for a Council recommendation to strengthen European Union cooperation against vaccine-preventable diseases, demonstrate the strong commitment from our policymakers to have better equity in access to vaccination across Europe. I expect their decisions to have a major impact in the region for many years to come.

While electronic immunization registries have been implemented in many regions and countries across the world, the creation of a registry that is interoperable across borders in the EU, and includes all age groups, will greatly improve its utility. With such a system in place a healthcare provider will be able to see a complete picture of the immunization history of his or her patients, and accurately assess the need for booster doses or new immunizations, even if a person has moved to a different region or country in the EU. This will also be an important tool to instantaneously monitor vaccination coverage rates and help protect the public should outbreaks of vaccine-preventable diseases occur, such as the ongoing measles outbreak in Europe.

My understanding is that the European Commission is moving ahead with the digital transformation of Healthcare and is putting in place several platforms and instruments towards that end. These tools should accelerate the move towards digitalised immunisation records, putting Europe in the vanguard of efforts to improve vaccination across the world.
Combination vaccines represent a substantial outcome of a successful R&D to ease vaccination experience for everyone: children, parents and healthcare professionals while improving the protection of the public against vaccine-preventable diseases.

Despite the complexity and risks involved in developing and manufacturing multicomponent vaccines, vaccine manufacturers have worked hard to make these life-saving and innovative products available in Europe.

These vaccines contribute to:
- Better adherence to immunisation programmes
- Better compliance to immunisation schedules
- Higher vaccination coverage
- Reduced burden of vaccine preventable diseases

It is now time for the policy makers to step up and introduce public health policies that will unlock the potential of combination vaccines.
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